MUSA MUNEER QAZI

Monday, 5 October 2026 · Beaconhouse Newlands · PYP 2B

Asia/Karachi · all times local

WAKE	LEAVE	SCHOOL	AFTER	BED
~7:00 AM	~7:50 AM	Newlands	~3:00 PM	~8:30 PM

🌟 Day highlights

- **Monday new week** — Who We Are: my balanced well-being wheel
- Less screen, more play & sleep · drink water (like his Scratch app)
- Decimal subtraction practice · soft Ronaldo passing & dribbling
- Learn: musaqazi.pages.dev/learn/today/

💌 Boo Mama wishes

> **Monday bright — a brand new start. Balanced day and champion heart.**
> **Less screen, more play, sip water too. Pass and dribble, kind and true.**
> **Boo Mama's proud of how you grow. Boo Baba's hug is ready to go.**

- 💕 New week — kindness all the way.
- 💕 Balance wheel — play · rest · water.
- 💕 Boo Mama watches with love.
- 💕 Boo Baba's hug waiting at home.

Love from Boo Mama & Boo Baba
Maria & Omer · always

🤲 6 Daily Duas

For Musa · soft faith · say them slowly with love · yellow = Arabic

1 🍽️ Before eating

بِسْمِ اللهِ

In the name of Allah.
Bismillāh

2 😋 After eating

اَلْحَمْدُ لِلّٰهِ الَّذِيْ أَطْعَمَنَا وَسَقَانَا وَجَعَلَنَا مِنَ الْمُسْلِمِيْنَ

All praise is for Allah Who fed us, gave us drink, and made us Muslims.
Alḥamdu lillāhil-ladhī aṭʿamanā wa saqānā wa jaʿalanā minal-muslimīn

3 😴 Before sleeping

بِاسْمِكَ اللّٰهُمَّ أَمُوْتُ وَأَحْيَا

In Your name, O Allah, I die and I live.
Bismika Allāhumma amūtu wa aḥyā

4 🌅 After waking

اَلْحَمْدُ لِلّٰهِ الَّذِيْ أَحْيَانَا بَعْدَ مَا أَمَاتَنَا وَإِلَيْهِ النُّشُوْرُ

Praise be to Allah Who gave us life after death; to Him is the return.
Alḥamdu lillāhil-ladhī aḥyānā baʿda mā amātanā wa ilayhin-nushūr

5 🏠 Entering the home

بِسْمِ اللهِ وَلَجْنَا، وَبِسْمِ اللهِ خَرَجْنَا، وَعَلَى اللهِ رَبِّنَا تَوَكَّلْنَا

In Allah's name we enter, in Allah's name we leave, and on Allah our Lord we rely.
Bismillāhi walajnā, wa bismillāhi kharajnā, wa ʿalallāhi rabbinā tawakkalnā

6 🚗 Leaving / traveling (safar)

سُبْحَانَ الَّذِيْ سَخَّرَ لَنَا هٰذَا وَمَا كُنَّا لَهُ مُقْرِنِيْنَ، وَإِنَّا إِلٰى رَبِّنَا لَمُنْقَلِبُوْنَ

Glory to Him Who made this for us; we could not have done it alone; to our Lord we return.
Subḥānal-ladhī sakhkhara lanā hādhā wa mā kunnā lahu muqrinīn, wa innā ilā rabbinā lamunqalibūn